

animals. The animals they eat are tiny free-swimming critters called zooplankton. But what do the zooplankton eat? They eat even smaller plantlike organisms called phytoplankton. What makes them plantlike is that they can make their own food by photosynthesis, just like plants. So the anchovies eat little animals that eat tiny plants to survive. The anchovies arrive on your pizza because of the food value in the microscopic phytoplankton floating in the sea, making food.

You eat to get the energy in food. Where does your energy come from when you eat that pizza slice? The crust and sauce have a



bit of energy that wheat and tomato plants captured from the Sun. The cheese and sausage come from animals that ate plants that captured the Sun's energy. The anchovy filet comes from an animal that ate an animal that ate the tiny phytoplankton that captured the Sun's energy.

Life runs on energy from the Sun. The Sun's energy is captured in food by photosynthetic organisms. Can you figure out how the Sun's energy got into caramel

corn and chocolate-covered raisins? What's *your* favorite food? How did the Sun's energy get packaged into that food?